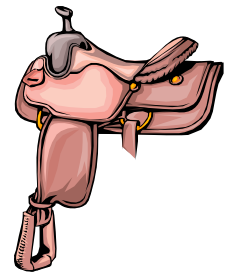




# BOOTS & SADDLES



September 2007

## Cheyenne Saddle Tramps Monthly Newsletter

### 2007 Board

**President:**  
Stephanie Skutt 547-2336

**Vice President:**  
Diane Stoddard 631-4080

**Secretary:**  
Anita LaFond 635-4816

**Treasurer:**  
Susan Bennig 635-8844

**Horse Show:**  
Jody Osban 631-1271

**Gymkhana:**  
Jody Osban 631-1271

**Concessions:**  
\*\*\*Open\*\*\*\*\*

**Grounds:**  
Stephanie Skutt 547-2236

**Advisor:**  
Lisa Pontorero 635-1862

**3-D Barrels:**  
Jody Osban 631-1271

**Building:**  
Cindy Loofboro 638-1517

**Royalty:**  
Cindy Loofboro 638-1517

**NON-Board Positions:**

**Parades:**  
\*\*\*\*Open\*\*\*\*\*

**Rules:**  
Lisa Pontorero 635-1862

**Clinician:**  
Stephanie Skutt 547-2236

**Drill:**  
Diane Stoddard 631-4080

**Sponsorship/Fundraiser:**  
\*\*\*\*\*OPEN\*\*\*\*\*

**Website:**  
Jay Ostby 632-5817

### CST Annual Awards Banquet

**Change of Date:** Due to the late arrival of the awards, the awards banquet has been changed. The CST annual awards banquet is scheduled for November 17, 2007 at VFW 1881 off nationway. The event is the celebration of this year's show season. We recognize the top performers in horse shows and gymkhanas. The coronation of the 2008 Royalty will take place at the banquet. Dinner is scheduled for 5:00pm and Awards Presentations are to start at 6:00pm. We request that each member bring the following dishes based on the first letter of your last name. The club will provide Fried Chicken and Drinks. We have the special guest Margie Earlywine scheduled to go over the club history. This should be a great event and lots of family fun. Also, voting of the special awards, Royalty Advisor and the 2008 Board will take place. See you there.

**A-H**

### Side Dish/Appetizer

**I-N Desert**  
**O-Z Salad**

Due to reschedule of banquet CST will have a meeting in October. The meeting is scheduled for October, 17, 2007 @ 7:00pm. Nominations of the 2008 Board will be taken to be voted on during the banquet. Please come out and let your opinion be known.

Visit our website at [www.cheyennesaddletramps.org](http://www.cheyennesaddletramps.org)

# Royalty Report

The Royalty Clinics and Tryouts went very well this year. The girls had a clinic on horsemanship from our very own president- Stephanie Skutt and a Mary Kay make up clinic from Tesia Levin a Mary Kay sales rep. Lael was on had to help the girls when trying out- Thanks Lael. The luncheon was held at the County Buffet. Thanks to the judges: Linda Farner and Sheri Scott. The 2008 CST Queen and Princess will be announced at our annual awards banquet. Kati and Randi look forward to crowning the new Royalty. The girls that tried out for princess was: Brittany Gilmore, Rylie Anderson, and Mirah Johnson. Queen: Lori Reiland. We are very proud of all of the girls who tried out.

The position of Royalty Advisor for next year will be voted on during the awards banquet and at this time the duties will change hands. The duties and responsibilities of the Royalty Advisor can be found on the website in the Rules and Constitution. If you have any questions, please contact a board member or Cindy Loofboro for more information. If you are interested in becoming next years Royalty Advisor please inform a board member to become nominated.

## Nominations for 2008 CST Board Positions

All CST board positions are elected on a year to year basis. Nominations for the 2008 year board of directors will be held at the meeting held on October 17, 2007. This is your chance to choose your leadership for the upcoming year. If you are interested on serving on the board, please plan on attending this meeting. If you are unable to attend this meeting, please send a written notice and the position you would like to be nominated for. Elections for the 2008 board of directors will be held at the awards banquet in November. You must be present to accept the nominations for the position. All members are encouraged to attend and guide CST for the following year.

*Year End Awards: CST gives out the following awards during the awards banquet. These awards nominees are taken from club members. These awards are voted on during the annual awards banquet.*

**John Easterwood Award:** Recognizes individuals or family who has displayed extra ordinary dedication to the club and its membership through leadership, participation, and sportsmanship: Nominations received: Kelley Evans, Pontoriero Family,

**Sheila Vossler Award:** Youth member of the club who on January 1st of the year of recognition has not reached 19 years of age, had displayed extra ordinary dedication to the club and its membership through leadership, participation, and sportsmanship  
Nominations Received: Kati Helfrich, Billie Jean Walsh

**Most Improved Rider:** Recognizes rider who has excelled the most in their ability  
Nominations received: Tammy Kay Madigan, Evelyn Pontoriero, Brandon Hochhalter, and William Jolley

**The Lifetime Achievement Award:** Recognize that member or family consistently and continually for a significant number of years has demonstrated extra ordinary leadership, participation, and sportsmanship together with tireless and selfless service to the club, its members and its founding principles and purposes.

Cheyenne Saddle Tramps is now registered with Country Supply. When you do online purchases, there is a button called Country Care. Please enter in the code "cst". Country Supply will make a contribution at no cost to you of 5% of your total sale to this well deserving club. Cheyenne Saddle Tramps is a youth/equine organization that offers many activities. It is expensive to operate this club and we need all the help we can get! What a better way to help them out at no cost to you, you get great products at VERY discounted prices, and awesome customer services!  
[www.countrysupply.com](http://www.countrysupply.com)

We received our first \$50. Way to Go!!!!



Our Care Code is: CST

Cheyenne Saddle Tramps Classified Ads:

\$\$\$\$ For Sale:

14" CircleY Youth Show saddle. And a 16" Big Horn Roping saddle. Have them call Jody 631-1271

Tack N' Stuff : is now in business. This is a mobile tack store willing to meet all your tack needs. If you can't find something or have something special in mind we can try to find it for you. If you have any questions, please call Steph @ 547-2336 or Anita @ 631-8019.

### October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	CST Meeting 7:00pm 17	18	19	20
21	22	23	24	25	26	27
28	29	30	Happy Halloween 31 			

## Winter Care for Your Horse

### Are you ready for another winter? Is your horse?

Another summer is winding to an end and horse owners need to make management plans for the cooler seasons ahead. For horses, cold weather does not mean coming in from the cold, but being assisted to withstand the cold as comfortably and healthy as possible. However, horses have special needs during the cold weather to assure they will stay healthy and in good condition. Horses are very tolerant of cold conditions; in fact, horses tend to be far more stressed by heat than by cold. From the horse owner's standpoint, winter management gets very basic: routine health care, feed, water, and shelter. Any winter, be it mild or severe, will be easier to deal with if you have prepared in advance.

**Assessing The Horses Condition:** For a horse to be an "easy keeper" during the winter he needs to be free of parasites, in good flesh, and properly immunized going into the winter. The cost of deworming, veterinarian checkups, and immunizations will more than pay for themselves in reduced feed costs through the stressful winter months. Work with your vet to set up a health program for each of your horses and stick with it. We tend to think that if we are cold, our horses must be cold. Not necessarily so. Preconditioning horses before the onset of cold temperatures helps to reduce the effect of cold weather on the horse and will reduce his nutritional needs to maintain weight. A horse shouldn't lose weight in the winter. In fact, a little extra layer of fat to fend off the cold won't hurt. Fat cover acts as an insulator and provides energy reserves during stress. Altering your feeding program for the upcoming winter by providing some extra calories will allow horses to lay down an insulating layer of fat under the skin. The horse's winter coat is a horse's first defense from the cold. When allowed to grow, a horse's natural hair coat acts as a very effective thermal blanket, it increases both in length and density as the days grow shorter. A horse's winter coat is also naturally greasy, which helps it repel snow, ice, and sleet. A heavy winter hair coat is a tremendous insulator and provides as much warmth as the best blankets. Horses that are to be maintained outside should be allowed to grow a long hair coat, plus the hair within the ears and around the fetlocks should not be clipped throughout the winter months. Horses have the ability to fluff out their coats in cold weather, thereby trapping a layer of air in the coat which provides them an insulating layer. Once the hair coat becomes wet, the hair lies down and loses its insulating ability. Stabled horses may need blanketing when they're turned out during the day, but the best blanket for an outside horse is his own full winter coat. If you do blanket your horse, make sure you take it off and brush him often. Also, realize that a blanket that is not warm enough is worse than no blanket at all. A blanket keeps the coat flat again causing loss of insulating ability.

The most accurate assessment of body condition is done through feeling the condition over the horse's ribs, plus visual inspection of overall condition. A thick winter coat can easily hide weight loss so it's important to use hands as well as eyes to monitor winter weight. Your horse should be at such a weight that you cannot see the ribs but can feel them if you run your fingers over the rib cage applying slight pressure.

Horses add body fat from front to rear and top to bottom. Evaluate their necks, withers, covering over their rib cages and croups, and around their tailheads for deposition of fat. It is really important that you feel your horses in winter due to their heavier winter haircoat. Often, one cannot accurately evaluate a horse's body condition by only visual appraisal. It is important to body condition score your horse each month in winter. By the time you see that the horse is getting thinner, it's too late and it may be difficult for horses to increase body condition during extremely cold weather. During long periods of freezing temperatures, most horses will experience some loss of body condition, no matter how well they are fed.

A horse's ears are said to be a good indicator of whether or not he is cold - cold ears mean a cold horse. Also watch to see if your horse is shivering, a warm blooded animal shivers to produce more body heat, if they are shivering, they are not warm enough.

As with all warm-blooded animals, horses must maintain their body temperature to survive. The temperature, wind chill factor, wetness, hair coat and the heat produced within the body determine the extent to which heat must be conserved. As environmental temperatures fall below the individual horse's comfort zone, heat production is increased by the body by speeding up chemical reactions which produce heat.

## **Cheyenne Saddle Tramps Meeting Minutes- Sept 20, 2007**

Meeting Called to Order- 7:00pm

Approve Minutes from Last Meeting

### **Reports:**

**President: Stephanie Skutt:** Everything's done for season as far as horseshows and gymkhana's. Need to start advertising new board positions. Agreed with vote on double pointing of last gymkhana as vote was 12-7. Need to get awards ordered. Will help Anita with set up of banquet on October 20.

**Vice President:** Not Present

**Secretary: Anita LaFond** Will get advertising contact from Jody and advertise the banquet in the trader and newspaper to invite past presidents, members, and royalty. Motion made and second for club to pay for Fried Chicken from Albertson's and soda for the banquet. I will order and pick it up.

**Treasurer: Susan Benning:** Approx net profit for horseshow/gymkhana's approx \$8000.00. Motion made and second for porta potties to remain in the general fund. Treasurer report passed out.

**HorseShow/Gymkhana: Jody Osban:** Will order awards and get final points ready, Verified budget of \$4000.00 to include board thank you's. Royalty buckles out of general fund but can be ordered with awarded buckles.

**Grounds: Steph Skutt:** Nominations made for Kelly Evans for John Easterwood

**Drill/Parades: Diane Stoddard:** Packet for Christmas Parade given to Anita from Heidi will send in the application

**Advisor: Lisa Pontoriero:** Gave card for Kelley from Muzak's that will donate a PA System- Calendar given to Lisa to audit Clubhouse books.

**Building: Cindy Loofboro-** No rentals scheduled for the rest of Sep, Oct, Nov, or December at this point in time

**Royalty Advisor:Cindy Loofboro** Clinic this weekend, Has judges for the Tryouts- Linda Farner and Sheri Scott.

Royalty Luncheon to be a Country Buffet in the backroom at 1:30pm

**Old Business:** Banquet date continues to be set.

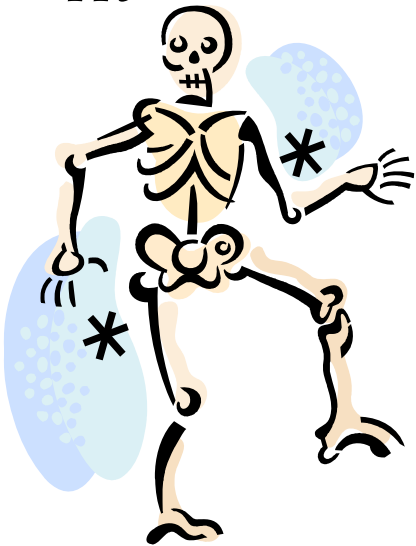
**New Business:** Nominations Received: John Easterwood: Kelly Evans, Pontoriero Family, Most Improved Rider: William Jolley, Tammy Kay Madigan, Brandon Hochholter, Evelyn Pontoriero, Sheila Vossler Award: Katie Helfrich, Billie Jean Walsh

Open Discussion: Tabled the possibility of closing the clubhouse for rentals during the winter months went heat bill highest-

Margie Earlywine present and discussed the changing of the club name. States some of the club history and the reason John Easterwood started the club. Also stated a lot of support will be gone from the club if name is changed. Discussed the reason for the original name of the club and tramps associated with saddle.

Meeting Adjourned at 8:05pm

*Happy Halloween From CST*



*Where Dreams Become Adventures*  
*Cheyenne Saddle Tramps Riding Club*  
*P.O. Box 2062*  
*Cheyenne, WY 82003*

**Upcoming Events:**

*Membership Meetings:*  
7:00pm CST Clubhouse  
October 17, 2007

November Meeting will  
be held with the annual  
awards banquet

Come on out and get  
involved in the club.  
Your opinion matters!!!

The CST Annual Award Banquet has been changed to November 17, 2007 at VFW Post 1881. Dinner at 5:00pm with award presentation to start at 6:00pm. 2008 Royalty will be crowned, 2008 Board Positions will be voted on and lots of family fun!!!! We will have a special quest to give a presentation of the history of Cheyenne Saddle Tramps. See you all there!!!!

**Our Website is [www.cheyennesaddletramps.org](http://www.cheyennesaddletramps.org)**

**Don't forget to check the website for proposed changes, new events, announcements and immediate updates.**  
Also posted is the membership application and monthly newsletter.