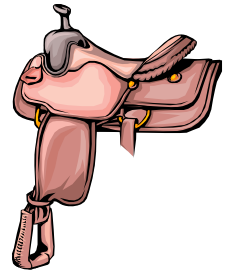




BOOTS & SADDLES



January 2008

2007 Board

President:

Todd Miller 634-2429

Vice President:

Jody Osban 631-1271

Secretary:

Anita LaFond 635-4816

Treasurer:

Susan Bennett 635-8844

Horse Show:

Connie Riesel and 638-3874

Gymkhana:

Jody Clark

Concessions:

Elaire Anderson 547-9229

Grounds:

Tammy Maas 634-2806

Advisor:

Lisa Pontorero 635-1862

3-D Barrels:

Jody Osban 631-1271

Building:

Cindy Loofboro 638-1517

NON-Board Positions:

Royalty:

Cindy Loofboro 638-1517

Parades:

Margie Earlwyne 638-8688

Rules:

Lisa Pontorero 635-1862

Clinician:

*****Open*****

Drill:

Diane Stoddard 630-7080

Sponsorship/Fundraiser:

*****OPEN*****

Website:

Jay Ostby 632-5817

Cheyenne Saddle Tramps Monthly Newsletter

Happy 2008!!!

Welcome to the New Year! CST Board has several new members. Welcome to the 2008 CST Board! Your 2008 President would like to hear from the members of this club! He would like you to know that he wants to move forward in the New Year! Todd has asked that each member of the club bring to the next meeting

1. The things that you like about the club
2. Things that you would like to change in the club.

Every members opinion is important. So together as a club let's make 2008 a great year!

The next meeting is February 20th at 7:00pm

This is your newsletter! If you would like any articles or items inserted into the newsletter please let Anita know. The submission for each months newsletter is due at the monthly membership meetings or you can email Anita at anitalafond@aol.com

Our Website is www.cheyennesaddletramps.org

Annual Memberships are now due. It is that time of the year again to renew your membership. Please download a copy of the application from the website, get one at the meeting, or email Anita @ anitalafond@aol.com.

Cost: New Family \$45.00 Renewing Family \$40.00
New Individual \$35.00 Renewing Individual \$30.00

If renewing your membership after March meeting, an additional \$5.00 will be collected.



CST would like to add a position to our club. This position is for a Public Affairs person. Someone who loves to be behind the camera and work with the community. There are several avenues to advertise and get the community involved with Cheyenne Saddle Tramps. If you are interested please contact Todd Miller and come to the Feb meeting

Awards Committee: This year CST would like to have a committee to assist with awards for the horseshow and gymkhana. This will help to make it easier on the chairman and not one person is responsible. If you are interested in being on this committee please let Todd know and come to the Feb meeting.



CST Royalty is having a fundraiser. They are selling candles from Madeline Scents. These would make great Valentine Day Gifts for friends and that special someone. The cost of the candles is \$18.00 and there are several good smells!!! Contact Cindy Loofboro or the Royalty if you are interested in purchasing one. Thanks!!!!

Cheyenne Saddle Tramps is now registered with Country Supply. When you do online purchases, there is a button called Country Care. Please enter in the code "cst". Country Supply will make a contribution at no cost to you of 5% of your total sale to this well deserving club. Cheyenne Saddle Tramps is a youth/equine organization that offers many activities. It is expensive to operate this club and we need all the help we can get! What a better way to help them out at no cost to you, you get great products at VERY discounted prices, and awesome customer services!
www.countrysupply.com



Our Care Code is: CST

Royalty Report:

2008 Queen Lori Riesland was not present at the meeting due to illness but looks forward to the upcoming year. 2008 Princess Rylee (Notice the spelling of the first name!!!!) Anderson was present and the girls have been very busy already. They wrapped presents at the Wrangler downtown during the Holidays and raised money for their 2008 wardrobe. They are currently having a fundraiser from Madeline Scents. Rylee stated they went to Market in Denver and "It was a blast" The Thank You's have been done for the donations at the banquet. This was a great success and both girls would like to thank the club for buying the tickets!

Rules and Constitution:

- *Each year CST needs to update their rules and constitution for the year. These rules and constitution are the governing body for the club. Each member of the club is invited to be a part of this process.
- *These Rules and Constitution proposed changes will be read at the March meeting and then voted on at the membership meeting in April. This is your chance to have a say in the way the club is run.

Wyoming Paint Horse Club will be participating in the CST Shows again this year. If you are interested you need to be a member of that club. You can obtain information on the club by contacting Tammy Maas at 634-2806. Your horse must be a registered paint to participate but what a fun way to get some more riding when you are already saddled.

In an attempt to raise our membership numbers CST would like to invite all past participants to become members again. If you know of someone who should be contacted, please let someone on the board know and the club can make contact with them and send a newsletter!

Please remember to update your email address and phone numbers with Anita at the next meeting!!!!!! THANK YOU!!!

Cheyenne Saddle Tramps Meeting Minutes- January 16, 2008

Meeting called to order at 7:00pm

Minutes approved from last meeting

President: Todd Miller: Welcomed everyone and introduced himself. Goal for this year is to give the club to the membership. Wants everyone to know he is available via phone, email. Wants the club members to bring to the next meeting a list of things they like about the club and things they would like to see different about the club. Wants to get some positive activities in the community. Wants to look at what the club wants as far as awards; t-shirts, hats, water bottles, ect....

Vice President: Jody Osban: Nothing to Report

Secretary: Anita LaFond: Annual memberships due, Need to update the membership list and current emails, Will send out the annual membership application to current members. Would like to send the newsletter to people via email as much as possible to keep the cost of postage down for the club.

Treasurer: Susan Benning: Reported the annual income/expenses to the club. Report available. Discussed with Royalty Advisor the Royalty budget and will place reimbursement for luncheon, buckles back in their fund.

Horse Show: Connie Riesland: Not Present

Gymkhana: Jody Clark: Excited about the year, wants to possibly get some new events added to the gymkhana's, Example: Goat Dressing, Goat Tail Tying, fun games that would get more community involvement. Would like more advertising. Possibly do a payback instead of ribbons and buckle at the end of the season. Look at different awards like Jackets, t-shirts to get the club's name out there. Will start looking at scheduling the dates for the year.

3-D Barrels: Jody Osban: Tammy Maas to look into the cost of putting the lights in.

Grounds: Tammy Maas: Will look into the lights for 3-D Barrels, Also will look into the plans for the clubhouse/crowsnest.

Advisor: Lisa Pontoriero: Not Present

Building: Cindy Loofboro: Has 3 rentals for next year

Royalty Advisor: Cindy Loofboro: Girls went to market, Thank-You's done for the banquet

Royalty: 2008 Queen: Lori Riesland: Not Present, 2008 Princess: Rylee Anderson, Market was so much fun!! Wrapped presents the month of December on weekends at the Wrangler downtown and made around \$300.00, Participated in the Cheyenne Christmas Parade and the Hillsdale Christmas Parade. Hand wrote the Thank You notes for the banquet. Really having fun and looking forward to the year. Has candles for sale for fundraiser from Madeline Scents

Old Business: Out with the old and in with the new

New Business:

Wyoming Paint Horse Club: Would like to do the CST series this season. Wants to have a sanctioned APHA show at the CST arena the year to replace their show at the State Fair- Needs it to be Aug 9th or so. Tammy Maas to check these dates for sure.

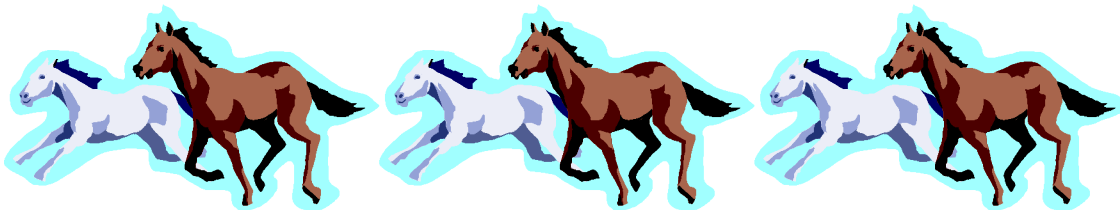
Susan Benning would like for the club to get together an awards committee so that one person don't have to be responsible for it. Anyone interested is invited.

Tammy Maas suggested the club come up with a Publicity Chairperson to be the go between and place ads; will put the interest in the newsletter

Appointed positions: Drill Team: Diane Stoddard, Parades: Margie Earlywine,

Rules Committee: Advisor: Lisa Pontoriero, Jody Osban, Jody Clark, Connie Riesland, and Diane Stoddard will get together and plan date for the meeting

Meeting Adjourned: 8:25pm



Why Not All Equines Need a Winter Horse Blanket - Stable Blankets Can Make Some Horses Colder in the Winter.

When the cold winter weather hits, many horse owners automatically bring out the horse blankets. However, a horse's normal winter coat is much more insulating than a blanket, and unless the horse has been clipped, is outside without a windbreak, or has been moved to a colder climate during winter months, it will usually actually be warmer without a blanket.

The longer winter coat helps to trap the body heat against the skin. Also, tiny muscles in the skin raise the hairs, creating tiny air pockets that heighten the insulating effect. Flatten this 'fluffed-up' coat by adding layers of light blankets, or even one heavy one, can actually make the horse colder.

If a horse is not accustomed to being blanketed, it can put the horse at increased risk. If it becomes overheated, it will begin to sweat. The dampness causes it to become chilled later, which then increases the risk of

pneumonia or other respiratory infections. If a horse must be blanketed in the colder temperatures of morning, make sure that you or another responsible hand is there to take the blanket off when temperatures rise later in the day.

Therefore, it is important to choose a blanket that is appropriate to how much extra protection from the weather that the horse genuinely needs. Modern blankets are much warmer and resistant to weather than traditional wool blankets, using inner and outer shells with an insulating fiber between. Outer shells are usually made of synthetics which are water repellent and windproof, while the inner lining is smoother than wool so it won't chafe against the horse's skin. The filling between them provides warmth with much less bulk than older blankets. This means the overall blanket is light enough not to flatten the horse's coat, and is more durable than their wool or cotton predecessors.

The outer shells, made of nylon fiber, will not snag or tear and are treated to be waterproof, which also makes them resistant to rot and mildew. This waterproofing also helps to hold heat in, but in the most extreme cold, the coating might crack. Foam particles or fiberfill usually make up the filler due to their insulating properties, without weight.

Making sure that the blanket fits the horse properly is important, regardless of the blanket type.

One that is too tight will irritate the skin and put the horse at risk of developing abrasions and sores, while a blanket that is too large can slip down under the horse's belly. Not only will that result in the loss of almost all the blanket's insulating ability, if the horse gets its legs tangled in the blanket's straps, it can be seriously injured. Putting the blanket on properly also helps to ensure a good fit. Put it on well forward, then slide it gently back into position to keep it from pulling the coat the wrong way.

Each horse should have its own blanket. Sharing blankets can facilitate the spread of skin problems such as girth itch, ringworm, and other fungal infections. Even if no horses in the stable have known skin problems, fungal spores can cling to the blankets and be spread to other horses. The blankets should be washed if they are used often during the winter, at least twice, using cold water and a disinfectant soap. Rinse the blankets well to make sure that no soap residue remains to irritate the horse's skin.

Cold water washing is preferable to dry cleaning. Dry cleaning will not remove odors, and the heat and chemical solvents can dissolve the waterproofing and shrink the bindings. **This article copied from www.horse-and-horse.com**

Winter Horse Care Tips by Katherin Blockdorf @ about.com:horses

- **Adjust Feeding Programs:** As pasture quality or accessibility declines consider increasing hay and [concentrates](#).
- **Help Horses Keep Warm:** Horses kept outside need to eat more [fodder](#). Horses produce a lot of heat during [digestion](#). A generous supply of hay helps keep the horse's internal furnace stoked.
- **Add Minerals:** If your feeding program does not include a mineral supplement consider adding one.
- **Have Teeth Checked:** Make sure your horse's or pony's teeth are looked after by an equine dentist. The inability to grind food properly will prevent a horse from getting all of the nutrients and energy it needs--especially if energy needs increase during colder weather.
- **Prevent Snowballs:** If snow packs into your horse's hooves try smearing the bottom with petroleum jelly.
- **If You Ride Frequently:** Drying a horse out after a workout is difficult.
- **Add Insulation:** Consider blanketing during wet, very windy, or frigid weather. A wet coat loses its loft--like a wet down jacket, and won't hold body heat. Windy weather pulls warmth away. Some horses are comfortable during very cold weather; some will be more comfortable in a warm winter blanket.
- **Provide Shelter:** Even if your horses are stabled over night, provide them with a windbreak or shelter especially if you are away most of the day.
- **Banish Bots:** Plan to deworm after the first heavy frost. Use a wormer that includes medication to kill bot larvae.
- **Continue Deworming:** Continue a regular deworming program throughout the winter months.
- **Don't Let Hooves Get Overgrown:** Keep your horse's hooves clipped. Clipped hooves will chip less, hold less snow, and will provide a bit more grip on slippery ground.
- **Check Under Blankets:** If your horse or pony wears a winter blanket (or rug) during the winter remove it daily and check for chaffing and irritation. Daily grooming keeps coats cleaner and your horse more comfortable if he wears a blanket.
- **Make Cleaning Frozen Water Buckets Easier:** Rubber buckets are easier to knock the ice out of if they become frozen. Plastic buckets used as water buckets can shatter when they freeze. This can create a hazard and wastes money when replacing them. Rubber buckets may cost more initially, but last longer.



Where Dreams Become Adventures
Cheyenne Saddle Tramps Riding Club
P.O. Box 2062
Cheyenne, WY 82003

Upcoming Events:

Membership Meetings:

7:00pm CST Clubhouse

February 20, 2008

March 19, 2008

April 16, 2008

May 21, 2008

June 18, 2008

July 16, 2008

August 20, 2008

September 17, 2008

October 15, 2008

November 19, 2008

All members are encouraged to attend the monthly membership meetings. Membership meetings are held the third Wednesday of each month at 7:00pm. This is where the decisions are made regarding the management of your club. Your input is wanted, encouraged, and greatly appreciated. Please plan to attend these upcoming meetings. Let's make 2008 a Great Year for Cheyenne Saddle Tramps!!!

Our Website is

www.cheyennesaddletramps.org

Don't forget to check the website for proposed changes, new events, announcements and immediate updates.
Also posted is the membership application and monthly newsletter.