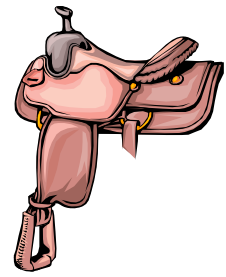




# BOOTS & SADDLES



September 2009

## 2009 Board

**President:**

Todd Miller 214-8281

**Vice President:**

Jody Osban 631-1271

**Secretary:**

Anita LaFond 635-4816

**Treasurer:**

Susan Bennett 635-8844

**Horse Show:**

John Schofield

**Gymkhana:**

Susan Bennett 635-8844

**Concessions:**

Nikki Schofield

**Grounds:**

Tammy Maas 421-4455

**Advisor:**

Barb Pitt 547-3347

**3-D Barrels:**

Jody Osban 631-1271

**Buiding:**

Wendy Miller 214-8281

**NON-Board Positions:**

**Royalty:**

Victoria Hall

**Parades:**

**Rules:**

**Clinician:**

\*\*\*\*\*Open\*\*\*\*\*

**Drill:**

Barb Pitt 547-3347

**Sponsorship/Fundraiser:**

\*\*\*\*\*OPEN\*\*\*\*\*

**Website:**

Jay Ostby 632-5817

# Cheyenne Saddle Tramps Monthly Newsletter

## 2010 CST Board Nominations

All CST board positions are elected on a year to year basis. Nominations for the 2010 year board of directors will be held at the meeting held on October 21, 2009 LCCC. This is your chance to choose your leadership for the upcoming year. If you are interested on serving on the board, please plan on attending this meeting. If you are unable to attend this meeting, please send a written notice and the position you would like to be nominated for. Elections for the 2010 board of directors will be held at the awards banquet in November. You must be present to accept the nominations for the position. All members are encouraged to attend and guide CST for the following year.

**2009 Year End Banquet:** Come out and celebrate this year's accomplishments. The banquet is scheduled for November 21, 2009 5:30 pm at the Shrine Club off Yellowstone Road. Each member is asked to bring a dish according to the first letter of their last name. More

information is to come. If you would like to volunteer with this event. Call Tammy Maas 421-4455.

**Appetizer/Hor'Doevour**  
**Main Dish/Side Dish**  
**Desert**

**A-H**  
**I-N**  
**O-**

Visit our website at [www.cheyennesaddletramps.org](http://www.cheyennesaddletramps.org)

No meeting minutes are available for the September meeting as there was no quorum present. Membership meetings are very important to the club. This is where the members have their say, rules and constitution are voted on, club happenings are discussed, and all other club business is held. Each member is invited to attend and very welcome. The next meeting is scheduled for October 21, 2009 at 7:00pm at LCCC Ag Room 118.

## Winter Horse and Pony Care Tips

### Quick Tips to Help Keep Your Horse or Pony Happy and Healthy in Cold Weather

By [Katherine Blocksdorf](#), About.com

- **Adjust Feeding Programs:** As pasture quality or accessibility declines consider increasing hay and concentrates.
- **Help Horses Keep Warm:** Horses kept outside need to eat more fodder. Horses produce a lot of heat during digestion. A generous supply of hay helps keep the horse's internal furnace stoked.
- **Add Minerals:** If your feeding program does not include a mineral supplement consider adding one.
- **Have Teeth Checked:** Make sure your horse's or pony's teeth are looked after by an equine dentist. The inability to grind food properly will prevent a horse from getting all of the nutrients and energy it needs--especially if energy needs increase during colder weather.
- **Prevent Snowballs:** If snow packs into your horse's hooves try smearing the bottom with petroleum jelly.
- **If You Ride Frequently:** Drying a horse out after a workout is difficult. Consider clipping a heavy hair coat. A clipped horse, without natural insulation, will require stabling and blanketing to keep warm.
- **Add Insulation:** Consider blanketing during wet, very windy, or frigid weather. A wet coat loses its loft--like a wet down jacket, and won't hold body heat. Windy weather pulls warmth away. Some horses are comfortable during very cold weather; some will be more comfortable in a warm winter blanket.
- **Provide Shelter:** Even if your horses are stabled over night, provide them with a windbreak or shelter especially if you are away most of the day.
- **Banish Bots:** Plan to deworm after the first heavy frost. Use a wormer that includes medication to kill bot larvae.
- **Continue Deworming:** Continue a regular deworming program throughout the winter months.
- **Don't Let Hooves Get Overgrown:** Keep you horse's hooves clipped. Clipped hooves will chip less, hold less snow, and will provide a bit more grip on slippery ground.
- **Check Under Blankets:** If your horse or pony wears a winter blanket (or rug) during the winter remove it daily and check for chaffing and irritation. Daily grooming keeps coats cleaner and your horse more comfortable if he wears a blanket.
- **Make Cleaning Frozen Water Buckets Easier:** Rubber buckets are easier to knock the ice out of if they become frozen. Plastic buckets used as water buckets can shatter when they freeze. This can create a hazard and wastes money when replacing them. Rubber buckets may cost more initially, but last longer.

*Where Dreams Become Adventures*  
*Cheyenne Saddle Tramps Riding Club*  
*P.O. Box 2062*  
*Cheyenne, WY 82003*



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